
DO YOU GET ANXIOUS IN SOCIAL SITUATIONS?

DO YOU HAVE PANIC ATTACKS?

DO YOU GET ANXIOUS IN PUBLIC PLACES?



DO YOU WORRY A LOT?



SCAN ME

IF YOU ANSWERED **YES** TO ANY OF THESE QUESTIONS, YOU MAY BE ELIGIBLE TO PARTICIPATE IN AN **ONLINE** ANXIETY RESEARCH STUDY VIA GEORGETOWN UNIVERSITY MEDICAL CENTER. AS A PARTICIPANT IN THE STUDY, YOU WILL HAVE A 50/50 CHANCE OF BEING ASSIGNED TO ONE OF TWO TREATMENTS: MINDFULNESS-BASED STRESS REDUCTION COURSE, OR AN ANTI-DEPRESSANT MEDICATION. TREATMENT IS PROVIDED AT NO COST, IN A COMPLETELY ONLINE, VIRTUAL ENVIRONMENT. YOU WILL EARN A TOTAL OF \$160 FOR 8 STUDY VISITS OVER THE COURSE OF 6 MONTHS.

FOR MORE INFORMATION, PLEASE VISIT:

www.georgetownanxiestudy.org

EMAIL io102@georgetown.edu

OR SCAN THE QR CODE TO VISIT OUR WEBSITE.

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